

**THE FVS STEVENAGE 5K SERIES**

**RESULTS - Wednesday 14 November 2007**

Race	Positions			No:	Time	Name	Surname	Category	Club	County	
	M/F	Cat.								M/F	Cat.
1	1	1	355	15:40	James	Robinson	M Jun	West Norfolk AC			
2	2	2	23	15:44	Robert	Palmer	M Open	Luton Athletic Club			
3	3	3	285	15:49	Adam	Peters	M Open	Amphill & Flitwick Flyers			
4	4	4	252	15:52	David	Vaughan	M Open	Garden City Runners	1	1	
5	5	1	171	15:57	Paul	Greaves	M 40	Herts Phoenix	2	1	
6	6	5	377	15:59	Matt	Robins	M Open	Garden City Runners	3	2	
7	7	6	217	16:01	Simon	Coombes	M Open	Leighton Buzzard			
8	8	7	166	16:13	Peter	Bridger	M Open	Luton Athletic Club			
9	9	8	93	16:17	Steve	McKeown	M Open	North Herts Road Runners	4	3	
10	10	9	391	16:18	Simon	Mace	M Open	Garden City Runners	5	4	
11	11	10	11	16:21	Mark	Landy	M Open	Garden City Runners	6	5	
12	12	2	380	16:23	Terry	Fowler	M 40	Garden City Runners	7	2	
13	13	11	345	16:23	John	Nash	M Open	Nene Valley Harriers			
14	14	12	72	16:25	Andrew	Benson	M Open	Herts Phoenix	8	6	
15	15	13	89	16:26	Adam	Searle	M Open	Stevenage & North Herts AC	9	7	
16	16	1	40	16:43	Peter	Benedickter	M Jun	Luton Athletic Club			
17	17	3	249	16:52	Andrew	Johnson	M 40	Luton Athletic Club			
18	18	2	164	16:53	Louis	Walshe	M Jun	Herts Phoenix	10	8	
19	19	14	16	16:58	James	Taylor	M Open	Barnet & District A.C.	11	9	
20	20	4	326	17:00	Stephen	Livingstone	M 40	Garden City Runners	12	3	
21	21	5	66	17:02	Adrian	Wadsworth	M 40	Amphill & Flitwick Flyers			
22	22	15	47	17:07	Michael	Salisbury	M Open	Garden City Runners	13	10	
23	23	1	67	17:08	Keith	McLellan	M 50	Luton Athletic Club	14	1	
24	24	6	53	17:09	Timothy	Wigley	M 40	Bourne Town Harriers			
25	25	16	208	17:09	Gary	Cook	M Open	North Herts Road Runners	15	11	
26	26	17	169	17:11	Gavin	Reynolds	M Open	Bedford & County			
27	27	18	390	17:13	Patrick	Pearce	M Open	Shaftesbury Barnet Harriers	16	12	
28	28	3	69	17:17	Alexander	Veitch	M Jun	Herts Phoenix	17	13	
29	29	2	101	17:19	Brian	White	M 50	FVS TRI	18	2	
30	30	19	114	17:19	Mark	Robertson	M Open	FVS TRI	19	14	
31	31	20	354	17:22	Jonny	Layborn	M Open	West Norfolk AC			
32	1	1	94	17:23	Astrid	McKeown	F Open	North Herts Road Runners	1	1	
33	32	21	2	17:25	James	Atkins	M Open	North Herts Road Runners	20	15	
34	33	22	328	17:28	Russell	Casey	M Open	Garden City Runners	21	16	
35	34	23	99	17:29	Simon	Jackson	M Open	Fairlands Valley Spartans	22	17	
36	35	24	105	17:34	Gavin	May	M Open	FVS TRI	23	18	
37	36	25	97	17:36	Andrew	Wadsworth	M Open	Milton Keynes A.C.			
38	37	4	100	17:40	Edward	Shepherd	M Jun	Herts Phoenix	24	19	
39	38	26	39	17:43	Peter	Benedickter	M Open	Amphill & Flitwick Flyers			
40	39	27	251	17:44	Laurence	Pidcock	M Open	Garden City Runners			
41	40	7	58	17:47	Peter	Sibbett	M 40	North Herts Road Runners	25	4	
42	41	8	173	17:48	Richard	Harbon	M 40	North Herts Road Runners	26	5	
43	42	28	316	17:50	Adrian	Copp	M Open	Stopsley Striders			
44	43	3	33	17:51	Michael	Groom	M 50	Milton Keynes A.C.			
45	44	29	293	17:56	Chris	Manning	M Open	Barnet & District A.C.			
46	45	4	71	17:57	Phil	Redden	M 50	Riverside Runners			
47	46	30	26	18:06	Keith	Pritchard	M Open	Riverside Runners			
48	47	9	37	18:07	Godfrey	Tofts	M 40	Royston Runners	27	6	
49	48	31	382	18:08	Andrew	Patterson	M Open	Fairlands Valley Spartans	28	20	
50	49	32	56	18:08	Peter	Northover	M Open	North Herts Road Runners	29	21	
51	50	33	20	18:10	Oliver	Saville	M Open	North Herts Road Runners			
52	51	34	214	18:13	Mark	Green	M Open	Garden City Runners	30	22	
53	52	5	357	18:14	Mikk	Bradley	M 50	Watford Harriers			
54	53	35	243	18:15	Neill	Hughes	M Open				
55	54	6	325	18:19	Peter	Deller	M 50	Dunstable Road Runners			
56	55	36	45	18:20	Keiron	McGill	M Open	North Herts Road Runners	31	23	
57	56	10	131	18:23	Richard	Thackeray	M 40	North Herts Road Runners	32	7	
58	57	11	18	18:24	Peter	Scowther	M 40	North Herts Road Runners	33	8	
59	58	37	287	18:25	Olly	Wright	M Open	Riverside Runners			
60	59	12	102	18:25	Robert	Wilson	M 40	FVS TRI	34	9	
61	60	38	112	18:26	Jonathon	Gillham	M Open	FVS TRI			
62	61	7	78	18:32	David	Edwards	M 50	Garden City Runners	35	3	
63	2	2	385	18:35	Katherine	March	F Open	Barnet & District A.C.	2	2	
64	62	39	149	18:36	Richard	Bevan	M Open	Biggleswade A.C.	36	24	
65	3	3	142	18:38	Martha	Hall	F Open	Garden City Runners	3	3	
66	4	1	294	18:40	Bex	Daines	F Jun	West Norfolk AC			
67	63	40	60	18:44	Shaun	Mills	M Open	Campus7			
68	64	8	336	18:44	Stewart	Bryant	M 50	North Herts Road Runners	37	4	
69	65	41	264	18:45	Robert	Morgan	M Open	Biggleswade A.C.			
70	66	42	113	18:46	Mark	Grayson	M Open	FVS TRI	38	25	
71	67	43	384	18:48	Jamie	March	M Open	Barnet & District A.C.	39	26	
72	68	9	278	18:48	John	Tennant	M 50	Harlow Running Club			
73	69	44	106	18:53	Andy	Mussett	M Open	FVS TRI	40	27	

74	70	45	83	18:56	Gavin	Elliot	M Open	Biggleswade A.C.		
75	71	10	51	18:57	Dave	Hart	M 50	Bourne Town Harriers		
76	5	1	138	18:58	Joanne	Kent	F 35	Barnet & District A.C.	4	1
77	72	13	388	19:00	John	McGrath	M 40	Metropolitan Police R.C.		
78	6	4	35	19:00	Melissa	Winters	F Open	North Herts Road Runners	5	4
79	73	11	196	19:01	Graham	Chapman	M 50	Ely Runners		
80	74	14	272	19:01	Johnny	Spinks	M 40	North Herts Road Runners	41	10
81	75	15	322	19:05	Paul	Carter	M 40	Barnet & District A.C.	42	11
82	76	46	273	19:08	Alan	Donald	M Open	Fairlands Valley Spartans	43	28
83	77	47	118	19:09	Sean	Bradley	M Open	FVS TRI	44	29
84	7	2	280	19:11	Cath	Harris	F 35	Garden City Runners	6	2
85	78	12	348	19:13	Peter	Beatty	M 50	Bishops Stortford R.C.	45	5
86	79	5	41	19:15	Jack	Benedickter	M Jun	Luton Athletic Club		
87	80	16	218	19:15	Phillip	Ingle	M 40	Riverside Runners		
88	81	17	289	19:15	Paul	Ridley	M 40	Riverside Runners		
89	82	13	286	19:19	Norman	Leslie	M 50	North Herts Road Runners	46	6
90	83	48	212	19:21	Ben	Smith	M Open	Barnet & District A.C.	47	30
91	84	49	151	19:21	Douglas	Hudson	M Open	St Albans Striders		
92	85	18	375	19:23	Paul	Illing	M 40	Watford Harriers	48	12
93	8	3	329	19:24	Molly	James	F 35	West Norfolk AC		
94	86	50	9	19:26	Simon	Patenall	M Open	FVS TRI		
95	87	51	27	19:27	Malcolm	Pritchard	M Open	Riverside Runners		
96	9	4	186	19:27	Suzanne	Fitt	F 35	Garden City Runners	7	3
97	88	14	265	19:29	Bill	Barrett	M 50	Stopsley Striders		
98	10	5	3	19:30	Jane	Chappell	F 35	North Herts Road Runners	8	4
99	89	15	296	19:31	David	Frampton	M 50	North Herts Road Runners		
100	90	52	361	19:31	Matthew	Jamieson	M Open	Fairlands Valley Spartans	49	31
101	11	6	333	19:33	Tanya	Taylor	F 35	Nene Valley Harriers		
102	12	7	68	19:35	Caroline	Hale	F 35	Garden City Runners	9	5
103	91	19	70	19:37	Steve	Williams	M 40	Garden City Runners	50	13
104	92	20	7	19:40	Jim	Dodds	M 40	Amphill & Flitwick Flyers		
105	13	5	22	19:40	Natasha	Pitman	F Open	North Herts Road Runners	10	5
106	93	16	31	19:42	Paul	Green	M 50	Royston Runners	51	7
107	94	21	256	19:47	Andy	Bramall	M 40	Fairlands Valley Spartans	52	14
108	95	53	215	19:48	Richard	Hung	M Open	Garden City Runners	53	32
109	96	22	178	19:48	Simon	Owens	M 40	Fairlands Valley Spartans		
110	97	54	327	19:49	Christopher	Mather	M Open		54	33
111	14	8	109	19:50	Antonia	Field	F 35	FVS TRI	11	6
112	98	23	12	19:51	Jeremy	Bell	M 40	Amphill & Flitwick Flyers		
113	99	24	62	19:51	Kevin	Mills	M 40	Campus7		
114	100	25	129	19:56	John	Rose	M 40	FVS TRI	55	15
115	101	17	295	19:56	Phil	Clarke	M 50	Amphill & Flitwick Flyers		
116	102	26	50	19:59	Duncan	Hooker	M 40	North Herts Road Runners	56	16
117	103	55	122	19:59	Richard	Easterbrook	M Open	FVS TRI	57	34
118	15	6	254	20:00	Hannah	Sheridan	F Open	Barnet & District A.C.	12	6
119	104	18	320	20:01	Alan	Jones	M 50	North Herts Road Runners	58	8
120	105	56	392	20:07	Steve	Smithson	M Open	Fairlands Valley Spartans	59	35
121	106	27	124	20:11	Kevin	Smyth	M 40	FVS TRI	60	17
122	107	28	119	20:14	Greg	Evans	M 40	FVS TRI	61	18
123	108	1	167	20:15	Richard	Bloom	M 60+	Herts Phoenix	62	1
124	109	29	111	20:17	Pete	Eames	M 40	FVS TRI	63	19
125	110	19	92	20:22	Jim	Brown	M 50	Fairlands Valley Spartans	64	9
126	111	30	120	20:27	Stewart	Kay	M 40	FVS TRI	65	20
127	112	31	226	20:28	Robbie	Laughton	M 40	FVS TRI	66	21
128	113	57	107	20:28	Ed	Manson	M Open	FVS TRI	67	36
129	16	9	144	20:29	Andrea	Mann	F 35	Garden City Runners	13	7
130	17	10	341	20:31	Nicola	Froud	F 35	Barnet & District A.C.	14	8
131	18	11	195	20:32	Lindsay	Lister	F 35	Riverside Runners		
132	114	32	127	20:33	Jeremy	Prodger	M 40	FVS TRI		
133	19	12	339	20:34	Annette	Bell	F 35	Fairlands Valley Spartans		
134	20	13	389	20:37	Jacqui	Brown	F 35	Luton Athletic Club		
135	115	58	283	20:38	William	Wilson	M Open	Ely Runners		
136	116	33	79	20:42	Wayne	Aylott	M 40	Garden City Runners	68	22
137	21	7	150	20:44	Kara	Daly	F Open	Biggleswade A.C.		
138	117	34	25	20:45	Howard	Davis	M 40	North Herts Road Runners	69	23
139	118	2	197	20:46	John	Shirley	M 60+	Barnet & District A.C.	70	2
140	119	20	132	20:48	Chris	Priestley	M 50	North Herts Road Runners	71	10
141	120	35	95	20:50	Martyn	Annetts	M 40	North Herts Road Runners	72	24
142	121	3	338	20:52	Colin	Egleton	M 60+	St Albans Striders	73	3
143	122	36	116	20:52	Michael	Clark	M 40	FVS TRI	74	25
144	123	37	121	20:55	Keith	Perry	M 40	FVS TRI	75	26
145	124	21	313	20:56	Steve	Allen	M 50	Barnet & District A.C.	76	11
146	125	38	200	20:58	David	Moscrop	M 40	Garden City Runners	77	27
147	126	39	185	21:00	Ian	Trowell	M 40			
148	22	1	221	21:00	Jackie	Perry	F 45	FVS TRI	15	1
149	23	2	350	21:02	Laura	Whitehead	F Jun	Herts Phoenix	16	7
150	127	22	177	21:03	Glenn	Miller	M 50	Royston Runners	78	12
151	128	40	266	21:11	David	Heal	M 40	Garden City Runners		
152	129	59	297	21:13	Andrew	Procter	M Open	FVS TRI		

153	130	41	17	21:15	Kevin	Kirk	M 40	North Herts Road Runners	79	28
154	131	60	191	21:18	Gary	Brown	M Open	Biggleswade A.C.		
155	132	4	334	21:22	Derek	Myall	M 60+	North Herts Road Runners		
156	133	5	168	21:24	David	Beasley	M 60+	Herts Phoenix	80	4
157	134	42	319	21:25	Alan	Huckle	M 40	Riverside Runners		
158	135	43	303	21:25	Terry	O'Brien	M 40	Dunstable Road Runners		
159	136	44	209	21:25	Andrew	Steven	M 40	Herts Phoenix	81	29
160	24	14	19	21:34	Paula	Adams	F 35	North Herts Road Runners		
161	137	61	206	21:36	Karl	Howard	M Open	Royston Runners	82	37
162	138	45	187	21:39	Chris	Leigh	M 40	Fairlands Valley Spartans	83	30
163	139	62	117	21:44	Matt	Hickman	M Open	FVS TRI	84	38
164	140	6	237	21:47	David	Stubbins	M 60+	Bedford & County		
165	141	23	231	21:47	Kevin	Bradley	M 50	FVS TRI		
166	142	24	189	21:48	Mick	Connell	M 50	Fairlands Valley Spartans	85	13
167	143	25	91	21:51	Bob	Sheldrick	M 50	Royston Runners		
168	144	26	260	21:52	Roger	Biggs	M 50	Fairlands Valley Spartans	86	14
169	145	27	258	21:54	Mark	Goodwin	M 50	Fairlands Valley Spartans	87	15
170	25	15	137	21:58	Jo	Summers	F 35	North Herts Road Runners	17	9
171	26	2	342	22:02	Celia	Pardoe	F 45	Garden City Runners	18	2
172	146	46	163	22:04	Colin	Calcutt	M 40	North Herts Road Runners	88	31
173	27	8	6	22:04	Emma	Wallis	F Open	Riverside Runners		
174	147	63	225	22:05	Darren	Greene	M Open	FVS TRI	89	39
175	148	47	174	22:07	Richard	Coffey	M 40	Ware Joggers	90	32
176	149	64	80	22:07	David	Hamill	M Open	FVS TRI		
177	150	65	52	22:10	Chris	Styles	M Open			
178	28	16	21	22:12	Joanne	Matthews	F 35	Garden City Runners	19	10
179	29	9	337	22:15	Tracy	Pez	F Open	Fairlands Valley Spartans	20	8
180	30	3	199	22:16	Christine	Feeley	F 45	Fairlands Valley Spartans	21	3
181	151	48	234	22:23	Steve	Mussett	M 40	FVS TRI		
182	152	49	253	22:23	David	Sheridan	M 40	Barnet & District A.C.		
183	31	10	232	22:24	Chris	Yuill	F Open	FVS TRI	22	9
184	153	28	154	22:28	John	Pickering	M 50	Ware Joggers	91	16
185	32	11	28	22:28	Sarah	Bowles	F Open	Riverside Runners		
186	33	1	24	22:30	Pauline	Bambury	F 55+	Bedford Harriers		
187	154	50	130	22:35	Michael	Humphris	M 40	FVS TRI	92	33
188	155	51	224	22:35	John	Humphris	M 40	FVS TRI	93	34
189	156	52	236	22:40	Andrew	Appleton	M 40			
190	157	53	115	22:47	Russell	Harwood	M 40	FVS TRI	94	35
191	158	54	240	22:49	Michael	Moralee	M 40	North Herts Road Runners	95	36
192	159	55	61	22:50	Paul	Hibbs	M 40	Campus7		
193	34	17	172	22:55	Joanne	Harbon	F 35	North Herts Road Runners	23	11
194	160	29	335	23:10	Robert	Riggall	M 50	North Herts Road Runners	96	17
195	161	30	184	23:14	John	Davis	M 50	Garden City Runners	97	18
196	162	56	123	23:17	Ryan	Johnson	M 40	FVS TRI	98	37
197	163	57	312	23:20	Andy	Jay	M 40	Fairlands Valley Spartans	99	38
198	164	58	346	23:21	Andy	Royall	M 40			
199	165	59	239	23:30	Russell	Smyth	M 40	North Herts Road Runners	100	39
200	35	2	288	23:36	Margaret	DeWinter	F 55+	Dunstable Road Runners	24	1
201	36	12	159	23:38	Anne	Callis	F Open	North Herts Road Runners	25	10
202	37	4	57	23:39	Karen	Dodsworth	F 45	North Herts Road Runners	26	4
203	38	3	360	23:41	Joy	Allen	F 55+	Garden City Runners	27	2
204	166	60	229	23:44	Tony	Hinchliffe	M 40	FVS TRI		
205	167	7	359	23:45	Trace	Allen	M 60+	Garden City Runners	101	5
206	168	8	300	23:48	William	Crone	M 60+	North Herts Road Runners	102	6
207	169	31	311	23:53	Paul	Holgate	M 50	Fairlands Valley Spartans	103	19
208	170	66	126	23:55	Mark	Malone	M Open	FVS TRI	104	40
209	171	9	268	23:56	Ian	Sutcliffe	M 60+	North Herts Road Runners	105	7
210	39	4	73	23:57	Avis	Cowley	F 55+	Herts Phoenix	28	3
211	172	32	213	23:59	Stuart	Smith	M 50	Barnet & District A.C.	106	20
212	173	61	46	24:03	Roger	Bamberough	M 40	North Herts Road Runners	107	40
213	40	13	210	24:06	Sarah	Holmes	F Open	Royston Runners	29	11
214	41	14	42	24:08	Ruth	Chamberlain	F Open	Riverside Runners		
215	174	10	76	24:12	Ted	Kimber	M 60+	Barnet & District A.C.	108	8
216	42	15	358	24:14	Nicky	Trew	F Open	Dunstable Road Runners		
217	43	5	257	24:14	Susan	Barnett	F 55+	Cambridge & Coleridge AC	30	4
218	175	67	222	24:14	Simon	Douglas	M Open	FVS TRI	109	41
219	176	62	220	24:21	Gary	Griffin	M 40			
220	44	18	135	24:22	Jane	Wilson	F 35			
221	177	33	309	24:22	Peter	Keats	M 50	Ware Joggers		
222	178	11	233	24:27	David	Parsley	M 60+	FVS TRI	110	9
223	179	63	158	24:33	Paul	Bowal	M 40	North Herts Road Runners	111	41
224	45	6	156	24:43	Norma	Leckie	F 55+	Riverside Runners		
225	46	19	44	24:53	Sue	Hartridge	F 35	Dunstable Road Runners		
226	47	20	381	24:55	Elaine	Fowler	F 35	Garden City Runners	31	12
227	180	12	160	24:56	Colin	Harries	M 60+	Biggleswade A.C.		
228	181	68	371	25:01	Matt	Savage	M Open	Fairlands Valley Spartans	112	42
229	48	5	386	25:02	Sharon	Crowley	F 45	Fairlands Valley Spartans	32	5
230	182	13	205	25:06	John	Butcher	M 60+	Ware Joggers	113	1
231	183	14	324	25:07	Alan	Goodwin	M 60+		114	10

232	49	16	363	25:07	Helen	Stafford	F Open	Garden City Runners		
233	50	6	302	25:09	Wendy	Cope	F 45	Dunstable Road Runners		
234	184	64	317	25:18	Adrian	Muxlow	M 40	North Herts Road Runners	115	42
235	185	69	219	25:19	Mark	Bicknell	M Open			
236	51	21	235	25:21	Meline	Fletcher	F 35	FVS TRI		
237	186	65	181	25:23	Christopher	Badell	M 40			
238	187	70	250	25:37	Babatunde	Adeyeye	M Open	Runners World		
239	188	66	59	26:02	Robert	Jennings	M 40	Campus7		
240	52	17	54	26:05	Mandeep	Barhey	F Open	Garden City Runners	33	12
241	53	22	49	26:08	Joanne	Owen	F 35	Riverside Runners		
242	54	7	198	26:10	Maureen	Shirley	F 55+	Barnet & District A.C.	34	5
243	189	15	364	26:15	Ron	Macey	M 60+	Stamford Striders		
244	55	8	86	26:26	Iris	Hornsey	F 55+	Royston Runners	35	6
245	56	18	48	26:28	Katharine	Wilson	F Open			
246	57	19	81	26:35	Ester	Hamill	F Open	Met Police Tri Club		
247	190	16	32	26:54	Robert	Thompson	M 60+	Riverside Runners		
248	58	23	393	26:58	Monica	Read	F 35	Fairlands Valley Spartans	36	13
249	59	20	207	27:04	Lindsay	Cook	F Open	North Herts Road Runners	37	13
250	191	71	372	27:07	Steve	Gough	M Open	Fairlands Valley Spartans	116	43
251	192	72	242	27:24	Anthony	Waller	M Open			
252	60	21	230	27:36	Alison	Clayton-Smith	F Open	FVS TRI	38	14
253	193	67	281	27:43	Graham	Perry	M 40	FVS TRI		
254	61	7	349	27:51	Christine	Sharp	F 45	North Herts Road Runners	39	6
255	194	34	36	28:03	Norman	King	M 50	Riverside Runners		
256	62	24	110	28:05	Elle	Crowson	F 35	FVS TRI		
257	195	17	140	28:24	Tony	Palmer	M 60+	Stopsley Striders		
258	63	8	259	28:34	Julie	Goodwin	F 45	Fairlands Valley Spartans	40	7
259	64	9	176	28:50	Maureen	Miller	F 45	Royston Runners	41	8
260	65	25	182	29:21	Tina	Watkins	F 35			
261	196	73	370	29:23	Simon	Harris	M Open	Fairlands Valley Spartans	117	44
262	197	18	216	29:28	Colin	Hazel	M 60+	Hatfield Squash Club		
263	66	9	305	29:30	Marion	Yeeles	F 55+	North Herts Road Runners		
264	198	19	351	29:38	Roy	Stringer	M 60+	Ware Joggers	118	2
265	67	10	271	30:13	Ann	Wonnacott	F 55+	North Herts Road Runners	42	7
266	68	22	292	30:24	Hannah	Philp	F Open			
267	69	10	201	30:24	Jan	Stock	F 45	Ware Joggers	43	9
268	70	11	179	30:27	Anne	Lincoln	F 45	Biggleswade A.C.		
269	199	68	145	30:42	Karl	Hiner	M 40	Riverside Runners		
270	71	26	290	31:07	Catherine	Shepherd	F 35	Garden City Runners	44	14
271	200	20	202	31:37	Mike	Stock	M 60+	Ware Joggers	119	3
272	72	27	323	32:08	Carol	Raymond	F 35			
273	73	12	8	32:43	Helen	Dodds	F 45	Amphill & Flitwick Flyers		
274	74	13	162	32:48	Jane	Cook	F 45	Amphill & Flitwick Flyers	45	10
275	75	14	315	35:51	Helen	Gardner	F 45	St Albans Striders	46	11
276	201	69	277	37:06	William	Groarke	M 40			

**THE FVS STEVENAGE 5K SERIES**

**14 November 07**

**COUNTY RESULTS**

**OPEN LADIES**

1	94	17:23	Astrid	McKeown	F Open	North Herts Road Runners
2	385	18:35	Katherine	March	F Open	Barnet & District A.C.
3	142	18:38	Martha	Hall	F Open	Garden City Runners

**OPEN MEN**

1	252	15:52	David	Vaughan	M Open	Garden City Runners
2	171	15:57	Paul	Greaves	M 40	Herts Phoenix
3	377	15:59	Matt	Robins	M Open	Garden City Runners

**V35 LADIES**

1	138	18:58	Joanne	Kent	F 35	Barnet & District A.C.
2	280	19:11	Cath	Harris	F 35	Garden City Runners
3	186	19:27	Suzanne	Fitt	F 35	Garden City Runners

**V40 MEN**

1	171	15:57	Paul	Greaves	M 40	Herts Phoenix
2	380	16:23	Terry	Fowler	M 40	Garden City Runners
3	326	17:00	Stephen	Livingstone	M 40	Garden City Runners

**V45 LADIES**

1	221	21:00	Jackie	Perry	F 45	FVS TRI
2	342	22:02	Celia	Pardoe	F 45	Garden City Runners
3	199	22:16	Christine	Feeley	F 45	Fairlands Valley Spartans

**V50 MEN**

1	67	17:08	Keith	McLellan	M 50	Luton Athletic Club
2	101	17:19	Brian	White	M 50	FVS TRI
3	78	18:32	David	Edwards	M 50	Garden City Runners

**V55 LADIES**

1	288	23:36	Margaret	DeWinter	F 55	Dunstable Road Runners
2	360	23:41	Joy	Allen	F 55	Garden City Runners
3	73	23:57	Avis	Cowley	F 55	Herts Phoenix

**V60 MEN**

1	167	20:15	Richard	Bloom	M 60+	Herts Phoenix
2	197	20:46	John	Shirley	M 60+	Barnet & District A.C.
3	338	20:52	Colin	Egleton	M 60+	St Albans Striders

**V65 LADIES**

1	86	26:26	Iris	Hornsey	F 65	Royston Runners
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**V70 MEN**

1	205	25:06	John	Butcher	M 60+	Ware Joggers
2	351	29:38	Roy	Stringer	M 60+	Ware Joggers
3	202	0:31:37	Mike	Stock	M 60+	Ware Joggers

**TEAM RESULTS - MEN**

**1 GARDEN CITY RUNNERS**

1	1	252	15:52	David	Vaughan	M Open
2	3	377	15:59	Matt	Robins	M Open
3	5	391	16:18	Simon	Mace	M Open
4	6	11	16:21	Mark	Landy	M Open
5	7	380	16:23	Terry	Fowler	M 40
<u>Total</u>		22				

**2 HERTS PHOENIX**

1	2	171	15:57	Paul	Greaves	M 40
2	8	72	16:25	Andrew	Benson	M Open
3	10	164	16:53	Louis	Walshe	M Jun
4	16	69	17:17	Alexander	Veitch	M Jun
5	20	100	17:40	Edward	Shepherd	M Jun
<u>Total</u>		56				

**3 NORTH HERTS ROAD RUNNERS**

1	4	93	16:17	Steve	McKeown	M Open
2	14	208	17:09	Gary	Cook	M Open
3	17	2	17:25	James	Atkins	M Open
4	21	58	17:47	Peter	Sibbett	M 40
5	22	173	17:48	Richard	Harbon	M 40
<u>Total</u>		78				

**TEAM RESULTS - WOMEN****1 NORTH HERTS ROAD RUNNERS**

1	1	94	17:23	Astrid	McKeown	F Open
2	5	35	19:00	Melissa	Winters	F Open
3	8	3	19:30	Jane	Chappell	F 35
<u>Total</u>		14				

**2 GARDEN CITY RUNNERS**

1	3	142	18:38	Martha	Hall	F Open
2	6	280	19:11	Cath	Harris	F 35
3	7	186	19:27	Suzanne	Fitt	F 35
<u>Total</u>		16				

**3 BARNET & DISTRICT**

1	2	385	18:35	Katherine	March	F Open
2	4	138	18:58	Joanne	Kent	F 35
3	11	254	20:00	Hannah	Sheridan	F Open
<u>Total</u>		17				

**VETS TEAM RESULTS - MEN****1 NORTH HERTS ROAD RUNNERS 'A'**

1	4	58	17:47	Peter	Sibbett	M 40
2	5	173	17:48	Richard	Harbon	M 40
3	7	131	18:23	Richard	Thackeray	M 40
4	8	18	18:24	Peter	Scrowther	M 40
5	10	336	18:44	Stewart	Bryant	M 50
<u>Total</u>		34				

**2 GARDEN CITY RUNNERS 'A'**

1	2	380	16:23	Terry	Fowler	M 40
2	3	326	17:00	Stephen	Livingstone	M 40
3	9	78	18:32	David	Edwards	M 50
4	16	70	19:37	Steve	Williams	M 40
5	23	79	20:42	Wayne	Aylott	M 40
<u>Total</u>		53				

**3 NORTH HERTS ROAD RUNNERS 'B'**

1	11	272	19:01	Johnny	Spinks	M 40
2	14	286	19:19	Norman	Leslie	M 50
3	19	50	19:59	Duncan	Hooker	M 40
4	20	320	20:01	Alan	Jones	M 50
5	24	25	20:45	Howard	Davis	M 40
<u>Total</u>		88				

**VETS TEAM RESULTS - WOMEN****1 GARDEN CITY RUNNERS 'A'**

1	2	280	19:11	Cath	Harris	F 35
2	3	186	19:27	Suzanne	Fitt	F 35
3	5	68	19:35	Caroline	Hale	F 35
<u>Total</u>		10				

**2 NORTH HERTS ROAD RUNNERS 'A'**

1	4	3	19:30	Jane	Chappell	F 35
2	8	137	21:58	Jo	Summers	F 35
3	12	172	22:55	Joanne	Harbon	F 35
<u>Total</u>		24				

**3 GARDEN CITY RUNNERS 'B'**

1	6	144	20:29	Andrea	Mann	F 35
2	9	342	22:02	Celia	Pardoe	F 45
3	10	21	22:12	Joanne	Matthews	F 35
<u>Total</u>		25				